

#### **Competence** as a **Framework for Progression across the Continuum in Pediatrics**

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## **Important definitions**

Domains of competence: broad areas of competence; in aggregate these domains provide a descriptive framework for a profession

Englander R et al. Acad Med 2013; 88(8): 1088-1094.

**Competency** = an ability that integrates multiple components (knowledge, skills, values and attitudes)

**Competence** = array of abilities across multiple aspects of performance (domains); context and stage of training is relevant

Frank JR et al. Med Teach 2010; 32: 638-645.



## **Additional definitions**

Milestones: description of a behaviors that mark developmental progression/trajectory toward competency

Orgill BD and Simpson D. JGME 2014; 6(2): 203-206.

Entrustable professional activities (EPAs): tasks/responsibilities that faculty entrust to a trainee to execute without supervision, once adequate competence has been obtained

ten Cate O. AM Last Page. Acad Med 2014; 89(4): 691.



#### **Shifting The Paradigm: Competency-based Medical Education**

- Standardization of learning outcomes with an individualization of the learning process
- Integration of knowledge and clinical experience
- Development of habits of inquiry and innovation
- Formation of professional identity

Cooke M, Irby DM and O' Brien BC. *Educating physicians: A call for reform of medical school and residency*. Jossey-Bass/Carnegie Foundation for the Advancement of Teaching 2010.



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## A Continuum Based on the Development and Assessment of Competence





#### Where We Are Going: General Physician Competencies



#### 8 domains; 58 competencies

- Patient care
- Knowledge for practice
- Practice-based learning and improvement
- Interpersonal and communication skills
- Professionalism
- Systems-based practice
- Interprofessional collaboration
- Personal and professional development

Englander, R, et al. Acad Med. 2013; 88(8): 1088-1094.



## The importance of assessment

For learners and teachers

- For progression in training/advancement decisions
- For decisions related to required level of supervision
- For healthcare systems
  - For certification/licensing

For patients





# Assessment of learning and assessment for learning

Assessment for learning: assessment is "embedded" in the educational process, is information-rich (multiple sources), identifying strengths and weaknesses to steer and foster learning for each student

Schuwirth L and van der Vleuten CPM. Med Teach 2011; 33: 478-485. and

Schuwirth L and van der Vleuten CPM. Med Teach 2011; 33: 783-797.





## Authentic assessment requires direct observation of behaviors in context

Evaluation (judgments about learners) must be integrative and synthetic using data from an adequate (broad sample) of learner performance

Holmboe ES et al. Med Teach 2010; 32: 676-682.





## Assessing performance (workplace) is challenging

Activities/tasks in the "real world" are unpredictable and are not standardized

Authenticity of observation

- Introduced and inherent biases of observers
- Subjectivity of assessments
- Various expertise/experience of observers

Generalizability of tasks/performance being assessed

- Intra-individual variability (emotional, physical state)
- Impact of others in the work environment

Govaerts M and van der Vleuten CPM. Med Educ 2013; 47. : 1164-1174.



## Longitudinal assessment activities optimize learning and allow high stakes decision making

Appropriate sampling can overcome the subjectivity of assessment

- More data points should be aggregated for higher stakes decisions
- Data from multiple assessors can "average out" biases
- Aggregation of data across methods of assessment provides more meaningful information

Professional judgment is critical in interpreting assessment results

Van Der Vleuten CPM et al. Med Teach 2012; 34: 205-14.



## Questions





## Using EPAs to Measure the Activities of Professional Work

- Parts of essential professional work in a given context
- Require adequate knowledge, skills, attitudes
- Lead to recognized output of professional labor
- Should be confined to qualified personnel
- Should be executed within a time frame
- Should be observable and measurable in process and outcome
- Should reflect one or more competencies ten Cate O and Scheele F. Acad Med 2007; 82: 542-547.



But if the old way of assessing learners was essentially

'I'll know it when I see it,'

then EPAs move us to

*'I'll know what's important for a learner to perform and I'll know it when I see it.'* 

The addition of behavioral descriptors to the equation moves us to

'I'll know what's important for the learner to perform, I'll know what specifically to look for so I can recognize it when I see it, and I'll be looking for and recognizing the same thing as my colleague.'

## The importance of a shared understanding and of narrative evaluation

Specific, behavioral descriptions of expected performance (relative to a standard) allow assessors to use the same "data points" to arrive at decisions and provide learners with detailed information

 Particularly important for learners who are struggling or who need remediation





# Faculty development is vital to develop a shared understanding

Effective use of workplace-based assessment to ensure learning requires that faculty receive training on the use of the tools/instruments and on methods to provide appropriate and useful feedback

Bok HGJ et al. BMC Med Educ 2013; 13: 123.

Training in:

- Behavioral observation
- Performance measurement
- Setting and applying a unified frame of reference

Carraccio C and Englander R. Acad Med 2013; 88(8): 1067-1073.



## Making entrustment decisions...

Learner trustworthiness involves consideration of a learners:

- Knowledge/skill
- Discernment of limitations
- Truthfulness
- Conscientiousness



Kennedy TJ, Regehr GG, Lingard L. Acad Med 2008; 83(10): S89-92.

Recognizes competence as well as habits of mind and traits that predict future behavior Hauer KE et al. Adv in Health Sci Educ 2014; 19: 435-456.

## Supervisor factors that impact trust

- Expertise in clinical practice
- Expertise in learner assessment
- Experience
- Attitudes (reflective behavior, self-confidence, propensity to trust)
- Perceived accountability



Hauer KE et al. Adv in Health Sci Educ 2014; 19: 435-456.



## Learner factors impacting trust decisions

Competence (aptitude, prior experience, reasoning skills)

Attitudes (self-awareness, habits of lifelong learning, insight, willing to incorporate feedback)

Self-confidence



Hauer KE et al. Adv in Health Sci Educ 2014; 19: 435-456.



## The supervisor-trainee relationship

- Trust formation relies on:
- Shared experience and expectations
- Amount of contact/over time
- Environment that promotes learner's active involvement in care (context)

Appropriate sequencing of tasks (building of responsibility)



Hauer KE et al. Adv in Health Sci Educ 2014; 19: 435-456.



## Questions





#### Defining When Learners are Ready to Transition to GME







Residency and Fellowships





#### The Core Entrustable Professional Activities For Entering Residency



#### www.aamc.org/initiatives/coreepas/











#### **Core EPAs for Entering Residency**





#### **Core EPAs for Entering Residency**





## The Relationships of EPAs, Competencies and Milestones

- Each EPA is "mapped" to its critical competencies
- Milestones established for the pre-entrustable and entrustable learner for each competency
- Expected behaviors for the pre-entrustable and entrustable learner delineated based on the milestones
- Vignettes created to illustrate the expected behaviors for the pre-entrustable and entrustable learner



## Using an EPA framework in UME

Core EPAs—all students

Specialty specific EPAs—students preparing for specific GME programs

Optional EPAs—based on student's capacities and interests



Chen HC et al. Acad Med 2015; 90(4): 431-436.



#### **Expanded supervision for UME students** Not allowed to practice EPA

- Inadequate knowledge/skill-not allowed to observe
- Adequate knowledge/some skill-allowed to observe

Allowed to practice EPA only under proactive/full supervision

- As coactivity with supervisor
- With supervisor in room, ready to step up as needed

#### Allowed to practice EPA only under reactive/ondemand supervision

With supervisor immediately available, all double-checked With supervisor immediately available, key items checked Supervisor distantly available, findings reviewed



## **Current Work: Pilot Project**

Goal-to study the implementation of EPAs in four areas:





## **Pilot Schools**

- Columbia University College of Physicians and Surgeons
- Florida International University Herbert Wertheim College of Medicine
- Michigan State University College of Human Medicine
- New York University School of Medicine
- Oregon Health & Science University School of Medicine
- University of Illinois College of Medicine
- University of Texas Health Science Center at Houston
- Vanderbilt University School of Medicine
- Virginia Commonwealth University School of Medicine
- Yale School of Medicine



### **Beta-testing and Building a Community of Practice**

#### LC listserve: subscribe-coreepas@lists.aamc.org

#### Learning Collaborative Model





Model and graphic adopted with permission from Urban Universities of Health

### **The AAMC Optimizing Graduate Medical Education Initiative**

To address the challenges GME faces today, and driven by our mission to serve and lead the academic medicine community to improve the health of all, the Association of American Medical Colleges (AAMC) is committed to leading a comprehensive and sustained effort to optimize GME.











#### **Three Focus Areas for the Initiative**





#### **Preparing the Physician and Physician Scientist Workforce for the 21<sup>st</sup> Century**

- **Goal:** elevating the performance of entering residents and new practitioners
  - Expand learning to develop competencies in all domains
- **Goal:** Develop models and demonstrate ways to optimize the duration of education and training



## **Education in Pediatrics Across the Continuum Pilot**



Competency-based advancement across both UME and GME and GME to practice transitions

https://www.aamc.org/initiatives/epac/





## **Goals of the EPAC project**

Establish a model for meaningfully assessed, time variable demonstration of performance across the UME-GME continuum

Use a learner centered approach that incorporates pediatric-centric UME and career-focused GME

Progression based on performance of specific outcomes

EPAs for general pediatricians Core EPAs for entering residency Continuity of relationships



### **Sample EPAs for pediatrics**

- Provide recommended pediatric health screening
- Manage patients with acute, common diagnoses in the ambulatory, emergency or inpatient setting
- Facilitate the transition from pediatric to adult health care
- Apply public health principles and QI methods to improve care and safety for populations, communities and systems
- Lead an interprofessional healthcare team
- Facilitate handovers either within or across systems



www.abp.org

#### Use of the core EPAs in the EPAC project





## Questions







Learn		
Serve		
Lead		

Association of American Medical Colleges